Cardiac and Pulmonary Rehabilitation

Best Practices and Strategic Planning for Growing a Quality Program

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We have no disclosures
Goals and Objectives:

- Identify key players within your hospital, system or organization to guarantee the success of your program.
- Identify what components are needed to build a sustainable, quality PR and CR program.
- Understand what to include when completing a strategic Plan for you CR and PR program.
Administrative Support

- Identify key administration (champions for your program)
- Maintain communication
Medical Directors

- Engaged
- Approachable
- CR/PR Champions
Be Engaged with other leaders

- Don’t be isolated
- Be involved in system/organizational committees
- Know what is happening
Get to know your Medical community—Referral basis

- Cardiologists, Pulmonologists, Cardio-thoracic surgeons, primary care physicians
- Advanced Providers, office managers, case managers, others (ACO)
Be accountable to your patient population

- Be able to speak about your program outcomes
- Patient satisfaction surveys
- Be open to change
Building Your Program

- Marketing
- Physicians
- Community
- Community Outreach
Information Technology (IT)

- Electronic Medical Records
- Automatic Order
- Monitoring System
Quality

- Staff education and competencies
- Outcomes and outcome reporting
- Program and Professional Certification
- Interdisciplinary team
- Compliance
Finances and Budget

- Setting a budget
- Productivity statistics
- Income generating
- Philanthropic opportunities
Strategic Planning

- Staffing
  - Staffing Matrix
  - Multidisciplinary
  - Alternative/flex scheduling
  - Cross training
  - Program Standardization
Program Delivery

- Know demographics
- Assess your space
- Delivery type
- Phases
Million Hearts

Focus areas
- Systems change → Referrals → Enrollment and participation → Adherence

Take Heart
- AHRQ’s Initiative to Increase Use of Cardiac Rehabilitation